

# Humana People to People

The Federation for Associations connected to the International Humana People to People Movement



## Annual Report 2015











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# About the Humana People to People Movement



The Federation for Associations connected to the International Humana People to People Movement is a network of independent development associations.

Each member of the Federation is locally registered and operates according to its own strategic plan, with oversight from its own local board. To date, it is made up of 31 member associations worldwide. Its headquarters is located in Zimbabwe and provides technical support to member associations.

We see ourselves as a movement of people with a common aim of bringing about development for vulnerable and marginalized communities – The Humana People to People Movement. Our history goes back to the late seventies, where the first member organizations started their activities in Denmark, Mozambique and Zimbabwe. Since then, new organizations have joined the movement in Africa, Asia, Latin America, the United States and Europe.

Humana People to People members in Europe and the United States work to finance development initiatives in

Africa, Asia and Latin America through the collection and sale of secondhand clothes. Furthermore, they work locally to promote responsible global citizenship and carry out campaigns to increase awareness around development challenges and opportunities.

In Africa, Asia and Latin America, the members implement and manage projects relating to education, community development, health, sustainable agriculture, environmental protection and economic development. They work closely with both communities and governments to ensure an inclusive approach inline with national priorities.

Projects address the needs of families and communities by empowering people to take action to improve their circumstances in a collective and collaborative way. The programs bring about meaningful, longterm change for the people.

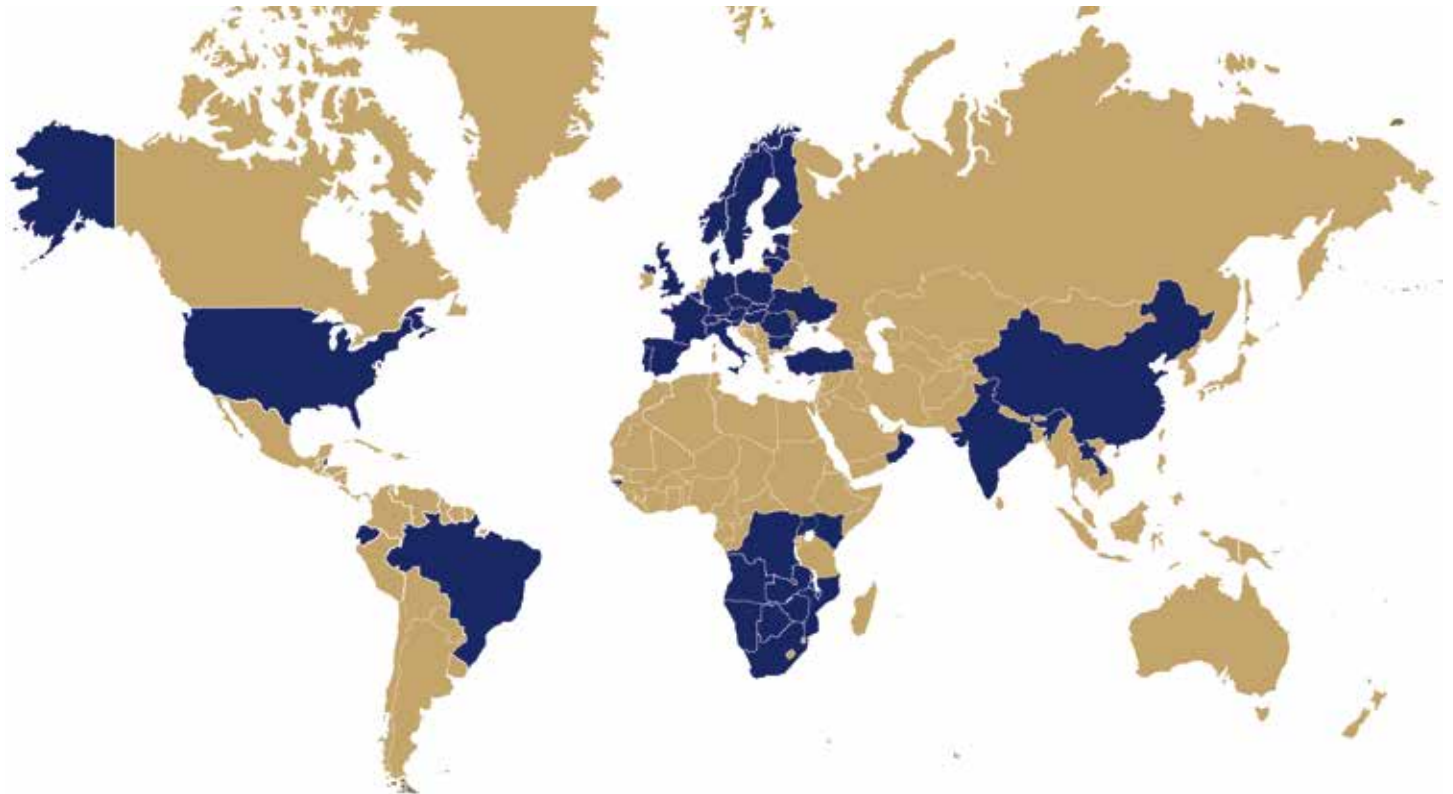
Furthermore, lessons learned, experiences and knowledge are shared among member organizations to establish and improve best practice.







## Where we are Present



Americas	Africa	Asia	Europe	
USA	Angola	India	Austria	Norway
Belize	Botswana	China	Belgium	Poland
Brazil	DR Congo	Laos	Bulgaria	Portugal
Ecuador	Guinea-Bissau	Oman	Czech Republic	Romania
	Kenya		Denmark	Slovakia
	Malawi		Estonia	Slovenia
	Mozambique		France	Spain
	Namibia		Finland	Sweden
	South Africa		Germany	Switzerland
	Uganda		Hungary	Turkey
	Zambia		Italy	United Kingdom
	Zimbabwe		Latvia	Ukraine
			Lithuania	



# The year 2015 for the Humana People to People Movement

In 2015, the members of Humana People to People Federation worked in 45 countries on five continents and involved more than 14.5 million people in 860 development projects.

The development projects are centered around education, promoting health and fighting diseases, promoting agricultural production and child aid and community development.

Millions of people in Europe and USA contribute to these development projects and make environmentally conscious decisions by donating and buying secondhand clothes.

In the following we present a brief summary of the many activities that were carried out by the members in 2015.

## Education



Members in several run schools delivering education in primary and secondary education, in tertiary education and in professional vocational training. The schools always have a specific program that delivers more than the usual curriculum in order for the students to grow as human beings as well.

Most Humana People to People members also engage in trainings based on capacity building, tailored to community and project needs. These can include in-service teacher training, adult literacy and numeracy, financial literacy, and community preschools, to name a few

In 2015, the education programs included:

53 DNS Teacher Training Colleges training and providing multiple skills to future primary school teachers. The training

program is innovative and prepares teachers practically and theoretically to provide quality education as well as preparing them to become agents of change in the rural communities where they will be deployed. The DNS Teacher Training Colleges are located in Angola, D.R.Congo, Guinea Bissau, India, Malawi, Mozambique and Zambia. About 10,000 future primary school teachers were under training in 2015.

One World University in Maputo Province, Mozambique, training professionals for degrees in the faculties of Pedagogy and Community Development ("Fighting with the Poor"). Both degrees are also offered through distance learning.

Eight Vocational Schools in Guinea Bissau, Malawi, Mozambique, Namibia and Zimbabwe provided professional training courses to more than 1,600 young people.

14 schools for children and youth provided education to orphans, vulnerable children and children formerly engaged in child labor. Some of these schools provide a day program and some offer a home to the students, creating new life opportunities for them.

10 2<sup>nd</sup> of May Schools (Practical Theoretical Training) in Angola, D.R.Congo and Zambia taught grade 7 to 9, combining the national secondary school curriculum with practical training in a range of relevant professions. 1,645 students took part in the training.

Three Frontline Institutes in Zimbabwe, Malawi and Angola continued training key staff from the Humana People to People projects as activists. 265 students were trained in the courses "Our Humana People to People World" and "Our Open Future Together".

Two Preschool of the Future Teacher Training Colleges in South Africa and Namibia trained 95 teachers in early childhood education and care.

98 Pre-schools of the Future in China with 2,240 children attending every day. Many other Pre-schools of the Future are run as part of Child Aid and Community Development projects and Farmers' Clubs by nine other members.

The Food for Knowledge project is implemented in 4 districts of Maputo Province, Mozambique. The project works to improve the academic performance and increase student retention by providing school meals, nutrition education and extra curricular activities to 65,000 school children in 265 selected primary schools.

The Development Instructor Program continued providing work placement at the projects for people from all over the world, interested in making a contribution to development.



# Promoting Health and Fighting Diseases



Humana People to People members run many health related projects. They typically reach out to threatened communities with prevention, care and awareness education to mobilize people to be in control of their health and prevent diseases, while also working with people and institutions in the health system to provide the best healthcare.

Our major program Total Control of the Epidemic has a universal approach in mobilizing people to take control of HIV and AIDS. This has been further stressed in programs that target areas with high rates of people, who are HIV+, integrating home based testing and counseling services. TB awareness has been added because of the high co-infection rates and the rise of TB in many countries.

In 2015, the TCE program was implemented in 51 geographical areas. Typically the areas cover a population of 100,000 people each, making five million people work with the question of control with their health and HIV status.

HOPE Humana projects mobilized activists for HIV and AIDS prevention, and gave testing services, counselling and support to people affected by the diseases

Community Health Agents projects in Angola and Guinea Bissau trained community health workers as well as the communities on many health issues, prevention and about when to seek treatment.

Water and Sanitation programs were undertaken in India, Angola, Zimbabwe, Zambia, Malawi, DR Congo and Guinea Bissau.

TB programs were carried out in Malawi, Mozambique, China, India, South Africa and Zimbabwe.

Ebola prevention campaign was done in Guinea Bissau. The program reached out to 70,000 community members with messages on prevention and general health knowledge.

# Promoting Agricultural Production



Rural small scale farmers are fighting to produce food and earn a living through use of their land. The members of the Farmers' Clubs improve their production, their food security and their economy through own organized and collective efforts. The Farmers' Clubs program trains farmers in sustainable agriculture practices and equips the farmers with knowledge and skills they can use to adjust to the changing climate. The farmers get organized around changing their methods and improving their skills, exploring and sharing water resources, securing inputs and marketing of their produce. General knowledge and skills within nutrition, health and community development are also included.

More than 100,000 farmers have been active in the Farmers' Clubs projects in Angola, D.R. Congo, Guinea Bissau, Malawi, Mozambique, Namibia, South Africa, Zambia, Zimbabwe, India, China, Laos, Brazil and Ecuador.





# Child Aid and Community Development



Child Aid and Community Development projects work with people in programs with many different activities as it is necessary to build the community of people to nurture children successfully. In Child Aid and Community Development projects, people join forces, organize around and take action based on knowledge and discussions on health, nutrition, hygiene, education, improving their economy and their environment and other issues, and initiate practical actions to improve conditions.

The following are some of the activities carried out:

Child Aid and Community Development projects in 14 countries involving 1.7 million people in the struggles for progress and a safe and decent life for the children. The projects are on the 3 continents of Africa, Asia and Latin America.

Humana Microfinance projects are providing micro-loans to rural women. The women are trained and invest in small businesses to generate a profit. 35 Humana Microfinance branches were in operation in 5 districts in India.



# Clothes Collection Globally



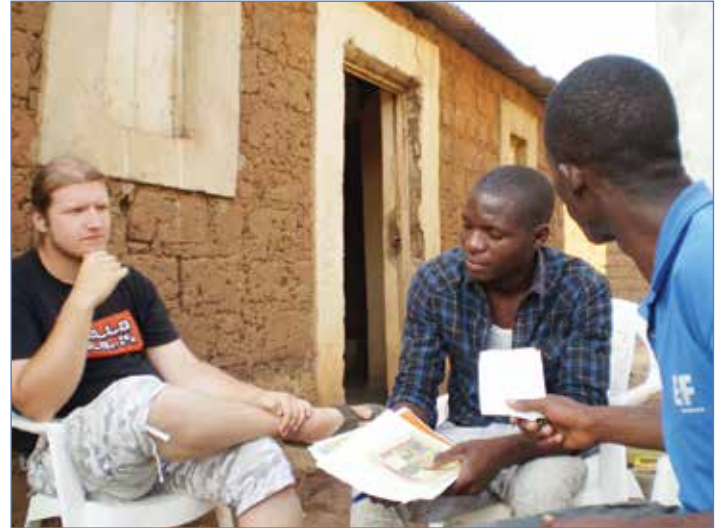
Climate change is increasingly affecting the lives & living conditions of people across the world. Climate change is associated with increasing amounts of CO2 released into the atmosphere. Both the production and disposal process of textiles uses a considerable amount of limited natural resources and, furthermore, releases large quantities of greenhouse gases into the atmosphere.

The process of clothes reuse and recycling has been designed to be a business model contributing with funds to development work. Generous and environmentally conscious people in Europe and USA donate the clothes they no longer want. Instead of becoming waste, the clothing is sorted and distributed to stores and wholesale customers in Europe and other parts of the world. The funds from the clothes sold, are then used to support Humana People to People projects in Africa, Asia and Latin America.

In some countries in Africa and Latin America, members sell donated clothes in both rural areas and modern retail shops















# 5

## Some of the Well-Known Humana People to People Programs



# Clothes Collection Globally

The collection and sale of secondhand clothes is based on a circular economic model. People donate clothes and textiles that no longer have value to them, which are then sorted and reintroduced into the value chain. The process has many benefits: it provides other people with affordable and quality secondhand clothes options, supports meaningful employment in various stages of the value chain, and contributes to increased environmentally friendly behavior. In the case of Humana People to People, it also allows for the financing of development initiatives that work towards fairer and more prosperous communities across the world.

Making a conscious decision to donate clothes for the benefit of others and the environment is one of the clearest examples of our “People to People” ethos.

Despite being a seemingly small action to take, donating clothes and other textiles has far-reaching positive consequences.

Unnecessary waste is a major issue across the world, but particularly in developed countries many people are not aware of the environmental costs of their lifestyle. Clothes and textile donation provides an option to reduce a person's

environmental footprint by drastically reducing the amount of waste that ends up in landfills. Furthermore, each item of used clothing that is sold uses significantly less than the amount of natural resources that are usually required in the production of new clothes.

Tens of thousands of Humana People to People clothes collection bins are located in public places across the USA and Europe. Clothes are collected from these points, sorted into various categories and distributed for resale. Clothes are then sold in stores across Europe, as well as sent to member associations in Africa and Latin America, where they are resorted for both wholesale and retail.

Member associations in Africa and Latin America similarly have networks of shops and local dealers who sell the clothes. In many areas, local dealers are highly trusted by communities and clients due to the quality of the clothes they sell and their value for money.

In both developed and developing countries, the process provides people with opportunities for employment and to improve their livelihoods, while increasing supply of quality, affordable clothing options. It is a truly social enterprise, from start to finish.





# Child Aid

**C**hild Aid builds the capacity of families with a focus on children and youth in a comprehensive way.

The program mobilizes, trains and organizes people to improve their health, education and economic capacity, addressing key causes and consequences of poverty.

Participating members join Village Action Groups, which generally consist of 30-40 families. These groups constitute the core structure of Child Aid and provide a space for families to pool resources and knowledge as well as learn and carry out program activities together.

The program places a heavy emphasis on grassroots movements and initiatives, through which groups are empowered to create and implement their own strategies for positive change.

Child Aid works with schools and health facilities and national members work alongside local, regional and national authorities to facilitate the strengthening of public services and infrastructures.

The communities participating in Child Aid programs see tangible improvements in their living conditions, such as improved access to clean water and sanitation, support to orphans and vulnerable children, increased income and access to preschools.

Equally important, but harder to quantify, is the long term impact the program has on each child and adult who participates. Project staff work to equip children, young people, women and men with the confidence and knowledge necessary to take action for change.

The experience of working together until the goal is reached and counting on active contribution from all of those involved results in stronger, more active and more supportive communities.

## The 10 Lines of Child Aid

1. Strengthening the Economy of the Family
2. Health and Hygiene
3. Pre-schools
4. Children as Active in the Political, Economical, Social and Cultural Sphere of Society
5. Children Without Parents
6. Education
7. District Development
8. Environment
9. and 10. Locally defined lines.





# Teacher Training

The Teacher Training Program carried out by Humana People to People members seeks to create a new generation of well-trained, motivated primary school teachers, who are committed to making a difference for the children they teach in a dynamic and fast-changing world.

The Teacher Training Program is implemented in Mozambique, Angola, Malawi, Zambia, Democratic Republic of Congo, Guinea Bissau and India and now graduates 5,000 primary school teachers every year from 53 teacher training institutions cooperating closely with the national governments.

In addition to thorough practical and theoretical training, the program integrates extensive life skills components to prepare students for the challenges of teaching in rural areas, which are often severely under-resourced and have significantly less access to governmental support.

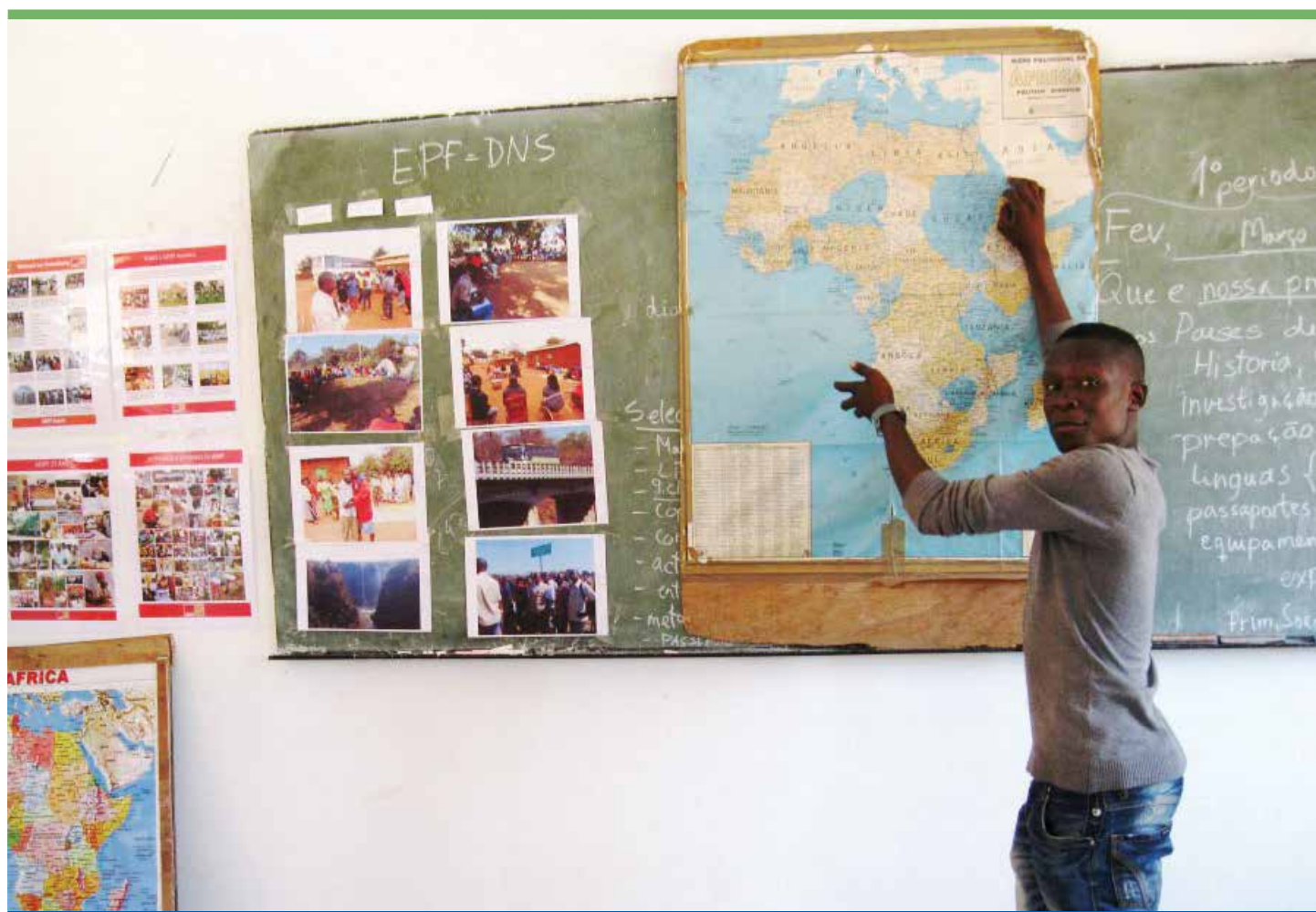
Courses are structured so that students have the opportunity to gain knowledge and skills through extensive practicum training in local schools. With the support of active primary school teachers, local school management teams and

program instructors, students put into practice the theory they have learned, gaining valuable experience in learner-centered teaching methods and classroom management.

The Teacher Training Colleges take a learner-oriented approach to develop critical-thinking and collaborative working skills in students. Furthermore, all students have access to an interactive learning platform, through which they gain ICT skills and knowledge throughout the course of the program.

Throughout their time at the College, trainees are expected to research and analyze local conditions and carry out extracurricular initiatives in the community to contribute to local development. These initiatives are often education-related and include the formation of youth groups or reintegration of out-of-school children.

However, they also include more community-minded activities, such as clean up days to promote health and hygiene, or raising awareness around women's rights or sexual and reproductive health.





One of the course's major components is a 2-4 month bus trip through the students' own and neighboring countries. For many students, the trip becomes a major life event, through which they learn about and interact with other cultures and systems.

The purpose of the trip, usually carried out in the first year of the course, is for students to discover that learning is not only something you acquire from theory, but is also a collective action where results are gained through teamwork and a collaborative spirit.

The majority of Humana People to People Teacher Training Colleges further provide up-skilling and refreshment training for active and employed primary school teachers and school management teams.

These workshops and training modules specifically target schools in rural areas, where there is often less support for continuous professional development than in more urban areas. Both graduates and non-graduates of Humana People to People teacher training are provided with the opportunity to learn new skills and teaching techniques, as well as to share experiences and knowledge with each other.





# Farmers' Clubs

The Farmers' Clubs model focuses on organizing farmers into groups of self-support, providing them with technical training and facilitating market linkages. In 2015, Federation members were involved in the implementation of 306 projects, reaching approximately 100,000 small-scale farmers in 12 countries across Africa, Asia and Latin America.

The program builds the capacity of small-scale farmers to improve production techniques, increasing outputs and strengthening food security for families. Once food security is achieved, participants are equipped to sell excess produce at local markets and increase family incomes. Farmers' Clubs also include environmental protection, training in farming as a business as well as health and hygiene components to increase family resilience.

A typical Farmers' Club is made up of around 250 farmers, who are organized in 5 clubs of 50 members each. A project leader lives in the community over the project's lifespan, which is generally around 5 years long.

Each Club elects its own committee to lead activities,

made up of both male and female members. Committee members are trained to assess the progress of the farmers, facilitate the implementation of the program, make plans and facilitate field days to receive training and address challenges as they present themselves.

The model emphasizes practical lessons and "learning by doing". A key feature is the use of model fields, which give the farmers the opportunity to observe the results of new methods and crops before introducing them in their own fields. The model fields are an integral part of Farmers' Club success since they allow participants to mitigate the risk of attempting new approaches without proof of their efficacy.

The Farmers' Clubs approach utilizes low-cost technology and methods that are adapted to local contexts to increase crop diversity and production in an environmentally friendly way. It further works to strengthen links with external technical support, other civil society actors and government services.

In addition to agricultural training, Club activities include actions to educate and increase awareness in both the







Club and the wider community. Topics such as nutrition, water, sanitation and hygiene, and climate change are covered in outreach activities.

The cooperative model has also proven effective in facilitating community-led initiatives. Some Farmers' Clubs have started community preschools, and others have set up savings clubs in response to self-identified needs. In many clubs, women and other vulnerable community members are targeted to improve basic literacy and numeracy skills.

The program empowers farmers and their families to access information about farmer support mechanisms, most often from government agencies, lending financial institutions and agricultural supply companies. Links are created and strengthened so that the farmers can continue using them after the end of the program and further develop their production and business.





# Total Control of the Epidemic - TCE

**T**CE (Total Control of the Epidemic) is a large scale outreach and mobilization program that works to increase awareness and knowledge of HIV and AIDS and other major preventable diseases in communities, as well as connect those affected by the illnesses with the health services they need. The model is based on the fundamental idea that, with reliable information and support, people are empowered to create healthier communities and make safer personal decisions.

Over the last 15 years, huge progress has been made in the fight against HIV and AIDS. The world now understands the virus and its behavior better, public knowledge around the diseases is increasing, and health systems in the most affected countries have been strengthened. Throughout these developments, Humana People to People members have played a key role bringing improvements to the communities where they work.

The first TCE program started in Zimbabwe in 2000 and has since been replicated and expanded across 12 countries in Africa and Asia. Sixteen years since its inception, TCE programs now focus primarily on reaching vulnerable and at-risk groups with the same approach, connecting those who are often excluded with essential health services.

The model has also been adapted to address other major preventable diseases such as tuberculosis and malaria, and most recently, to promote maternal and infant nutrition and health. In particular, TCE and TC-TB programs are

increasingly addressing HIV and tuberculosis awareness and prevention simultaneously in order to combat growing numbers of people with both illnesses.

The TCE model is different to most health awareness programs, in that project officers and volunteers carry out activities at both a community and a household level. The door-to-door approach has shown to remove many common barriers to people understanding major illnesses, getting tested, accessing healthcare services and making healthier lifestyle decisions.

In many countries, project officers are authorized to carry out screening and testing with people in their homes, meaning that they no longer have to find the time or resources necessary to make the trip to the nearest clinic, which can often be difficult to access. Early detection of cases of TB or HIV within a household also allows for those affected to develop strategies to ensure that illnesses are not spread to other family members.

If a person tests positive for a disease, project staff work with him or her to form a support network with two or three other people who are able to assist the patient throughout their treatment and recovery. These groups ensure medication is taken properly, doctors appointments are kept and that patients eat well during treatment. Furthermore, staff and volunteers work to mobilize larger community groups where people affected by illnesses can share their experiences and support each other.





# The Federation for Associations Connected to the International Humana People to People Movement

The members of Humana People to People spent approximately US\$76 million on development projects in 2015.

The 31 members of Humana People to People are all locally registered and independent organizations, operating within the context of their country. The members each manage their own finances and accounts are audited annually. National member accounts are not consolidated by the Federation.

However, based on information provided by members, funds were principally used across 4 program areas:

Education	46%
Promoting health and fighting diseases	20%
Agriculture and environment	12%
Child Aid and Community Development	17%
Other programs	5%



Sources of income vary from member to member. However, based on information provided by members, principal sources of income were as follows:

Companies, foundations and NGOs	13%
Multilateral support	17%
Donated funds and materials	25%
Governments	45%



## Fundraising through secondhand clothes and shoes

Fundraising through secondhand clothes and shoes is an essential component of Humana People to People work, as it provides people in rich countries with an opportunity to support the people in countries where it is difficult for them to create development without support locally and solidarity from abroad. At the same time it provides funding for projects, making it possible for members of Humana People to People to implement many different programs and start up new initiatives. As a third and very important element, the collection and reuse of clothes saves resources and mitigates climate change.

## Partnership in Development

The other major source of income is from Partnership in Development. Members of Humana People to People make agreements with governments, foundations, companies, organizations and multilateral grant mechanisms for specific programs, projects and activities of common interest.

The Humana People to People Charter notes that strength does not stem from the hair, it stems from the passionate hearts, the devoted souls and the will power to practice Solidary Humanism. The numerous commitments coming from individuals, businesses, international donor, government department and multi-government organization add up to make wide range of activities possible.

## The 2015 economy for The Federation

The financial statements of the Federation show only the funds that passed through The Federation itself. The contributions are in the forms of cash or clothes donated by members in Europe and United States, who have requested that The Federation distributes these donations to development projects on their behalf and co-ordinates the flow of funds. The contributions for projects passing through the Federation was US\$20.5 million in 2015.







### Brief facts about The Federation and the members

Humana People to People programmes are centred on four broad areas that are central to sustainable development: education, health, rural and agricultural development, and community development. Members generate income through the collection, distribution, and sale of secondhand clothes in Europe, North America, Latin America and Africa.

The first Humana People to People organisation was founded in Denmark in 1977. The first aid operations were carried out with Zimbabwean refugees in Mozambique. Our first development projects were established in Zimbabwe in 1980. Since then, the Humana People to People Movement has grown to 31 national associations with a presence in 45 countries worldwide.

The Humana People to People organisations started to cooperate formally in 1989. In 1996 they decided to establish the Federation for Associations connected to the International Humana People to People Movement (the

Federation) and international headquarters was established in Zimbabwe. Through the Federation, national members created a body that allows them to:

- discuss issues of common interest on many levels,
- access to comprehensive experience of other organisations working in the same field,
- develop programs with a common standard, by which they benefit from better quality and more efficiency,
- draw on assistance in many professional fields and thereby reduce their costs,
- cooperate to maximise results of clothes collection and sales,
- speak with a common voice in international development fora thus increasing the influence of their programs,

to name just a few of the benefits.



# The Members of the Federation are:

1. HUMANA - Verein für Entwicklungszusammenarbeit (Austria),
2. U-landshjælp fra Folk til Folk - Humana People to People (Denmark),
3. Ühendus Humana Estonia (Estonia),
4. Landsföreningen U-landshjälp från Folk till Folk i Finland r.f. (Finland),
5. HUMANA People to People Italia O.N.L.U.S. (Italy),
6. HUMANA People to People Baltic (Lithuania),
7. U-landshjelp fra Folk til Folk (Norway),
8. Associação Humana (Portugal),
9. Fundación Pueblo para Pueblo (Spain),
10. Miljö och Biståndsföreningen HUMANA Sverige (Sweden),
11. Planet Aid UK Ltd (UK),
12. Planet Aid, Inc. (USA),
13. Ajuda de Desenvolvimento de Povo para Povo em Angola (Angola),
14. Humana People to People Botswana (Botswana),
15. Ajuda de Desenvolvimento de Povo para Povo ná Guiné Bissau (Guinea Bissau),
16. Humana People to People India (India),
17. Development Aid from People to People in Malawi (Malawi),
18. Associação Moçambicana para a Ajuda de Desenvolvimento de Povo para Povo (Mozambique),
19. D.A.P.P. Namibia (Namibia),
20. Humana People to People in South Africa (South Africa),
21. Development Aid from People to People in Zambia (Zambia),
22. Development Aid from People to People in Zimbabwe (Zimbabwe),
23. Humana People to People Polska Sp. z o.o. (Poland)
24. One World Clothes Trade Bulgaria Ltd. (Bulgaria)
25. Humana People to People Congo (Democratic Republic of Congo)
26. Associação Humana Povo para Povo em Brasil (Brazil),
27. Humana People to People Belize (Belize),
28. Humana People to People in Latvia (Latvia)
29. HUMANA People to People Deutschland e.V. (Germany)
30. Fundación Humana Pueblo para Pueblo - Ecuador (Ecuador)
31. Humana d.o.o. (Slovenia)

## **Name of association:**

The Federation for Associations connected to the  
International HUMANA PEOPLE to PEOPLE Movement  
Louis-Casaï 18, CH 1209 Geneva, Switzerland  
Phone: +41 22 747 7540 - Fax: +41 22 747 7616  
Home page: [www.humana.org](http://www.humana.org)

## **Registration:**

Switzerland: Association, CH-660-95100049  
Zimbabwe: Private Volunteer Organisation, Reg. no. 29/96

## **International Headquarters:**

Murgwi Estate, Shamva, Zimbabwe.  
Postal address: P.O. Box 6345, Harare.  
Phone: +263 772 420 420  
E-mail: [hqchair@humana.org](mailto:hqchair@humana.org)





# Contact Information

## ANGOLA:

Ajuda de Desenvolvimento de Povo para Povo em Angola,  
Rua João de Barros n.º 28, CP 345 Luanda.  
Tel: +244 912 310860  
E-mail: adppsede@netangola.com, www.adpp-angola.org,  
Facebook: http://www.facebook.com/ADPPAngola

## BOTSWANA:

Humana People to People Botswana, Plot 823, Extension 11,  
Gaborone, P.O. Box AD595 ADD, Postnet Kgale view, Gaborone. Botswana  
Tel: +267 391 36 50, fax: +267 391 36 87,  
E-mail: informhpbpbots@gmail.com,  
Website: www.hpp.org.bw.bw/  
www.hppbotswana.org

## DEMOCRATIC REPUBLIC OF THE CONGO:

HPP-Congo,  
31 Rue Katoko Kombe II, Q. Joli Parc, c. Ngaliema, Kinshasa, R.D. Congo.  
Tel: +243 81 161 5225  
Email: HPP-congo.BS@gbs.cd, www.HPP-Congo.org

## GUINEA-BISSAU:

ADPP Guiné-Bissau, Rua Eduardo Mondlane n.º 35  
Caixa Postal 420, Bissau, Guiné-Bissau  
Tel: +245 68 53323 / 59 36064  
E-mail: asgern@eguitel.com, asgern@humana.org  
www.adpp-gb.org

## MALAWI:

DAPP Malawi, Plot # BE 314, Baines Road, Ginery Corner, Blantyre, Malawi  
P.O. Box 2732, Blantyre.  
Tel: +265 1 794 854  
Fax: +265 1 878 922  
E-mail: lt@africa-online.net,  
info@dapp-malawi.org  
Website: www.dapp-malawi.org

## MOZAMBIQUE:

Associação Moçambicana para a Ajuda de Desenvolvimento de Povo para Povo, ADPP  
Rua Massacre de Wiriamo 258,  
C.P. 489, Machava, Maputo.  
Tel: +258 21 750 106, fax +258 21 750 107  
E-mail: adppmz@tdm.co.mz,  
www.adpp-mozambique.org

## NAMIBIA:

DAPP Namibia  
P.O. Box 26660, Windhoek  
Namibia  
Tel/fax: +264 61 258 220  
E-mail: dappnamibia@iway.na,  
www.dapp-namibia.org

## SOUTH AFRICA:

Humana People to People South Africa,  
5/11 Richmond Road, Pinetown 3605.  
P.O. Box 15339, Ashwood 3605.  
Tel: +27 31 701 9280  
E-mail: hpp-sa@humana.co.za,  
www.hpp-sa.org

## ZAMBIA:

DAPP in Zambia, P.O.Box 70505,  
10 Luneta Rd., Northrise, Ndola.  
Tel/fax: +260 212 64 00 57  
E-mail: dappzambia@coppernet.zm,  
www.dappzambia.org

## ZIMBABWE:

DAPP in Zimbabwe, Park Estate, Shamva,  
Or No 4 Kensington Road, Highlands, Harare, P.O. Box 4657, Harare.  
Tel: +263 772 363 678+263 772 419 703  
E-mail: dappzim@mweb.co.zw, or  
mathias.p@humana.org  
www.dapp-zimbabwe.org

## ASIA

### CHINA:

Humana People to People Cooperation Project  
Office of Yunnan Province, Room 707, Shuijingjun  
Garden Building B, 16 North Ring Road, Panlong  
District, Kunming, 650 051, Yunnan, People's  
Republic of China  
Phone: +86 (0) 871 6510 8028/ 6511 8701  
Fax: +86 (0) 871 6516 9035  
Email: info@HPPchina.org.cn,  
www.HPPchina.org.cn

## INDIA:

Humana People to People India,  
11/9-Z, Kishangarh, Vasant Kunj  
New Delhi - 110070  
Tel: +91 11 3294 7734 / 3294 5153,  
E-mail: info@humana-india.org, www.humana-india.org

## LAOS:

Humana People to People in Laos  
Ban Huaysiat - Road 13, Pakxan District, Bo-likhamxay  
Province, Laos People's Democratic Republic  
Tel: +856 20540 81512, +856 20221 18787  
E-mail: ingerd@humana.org

## AMERICAS

### BELIZE:

Humana People to People Belize,  
Monkey River Rd. (via Independence),  
Toledo district, Belize. CA,  
86 East Collet Canal Street,  
P.O. Box 1728, Belize City  
Belize  
Tel: +501 678 9943  
E-mail: info@humana-belize.org, www.humana-belize.org

### BRAZIL:

Associação Humana Povo para Povo Brasil  
Travessa Joana Capistrano de Carvalho, no. 15,  
Pituaçu CEP 41.741-390, Salvador, Bahia  
Tel.: (71) 3235 6387  
E-mail: info@humanabrasil.org, www.humanabrasil.org

### ECUADOR:

Humana Pueblo a Pueblo-Ecuador  
Av. 6 de Diciembre # 23-74 y Wilson  
Edif. Lasso 3er Piso  
Quito, Ecuador.  
Tel: +593 22 556 153  
E-mail: info@humana-ecuador.org, www.humana-ecuador.org

### UNITED STATES OF AMERICA:

Planet Aid, Inc.,  
6730 Santa Barbara Court, ElkrIDGE, Maryland,  
21075.  
Tel: +1 410 796-1510, fax: + 410 630 7507  
E-mail: info@planetaid.org, www.planetaid.org

## EUROPE:

### AUSTRIA:

HUMANA People to People - Verein für  
Entwicklungszusammenarbeit, Perfektastrasse  
83, 1230 Wien.  
Tel: +43 1 869 38 13, fax: +43 1 869 38 13  
E-mail: info@humana.at, www.humana.at

### BULGARIA:

One World Clothes Trade, Bulgaria Ltd  
Industrial zone Slantjevo  
9144 Slantjevo  
Bulgaria  
Tel: +359 895 504 200  
E-mail: administration@humana-bulgaria.org,  
www.humana-bulgaria.org

### ESTONIA:

Ühendus Humana Estonia and Humana Sorting  
Centre OÜ  
Jälgimäe tee 13, 76 406, Tännassilma, Estonia  
Tel: +372 601 2955  
Fax (+372) 60 12 972  
E-mail: info@humana.ee, www.humana.ee

### DENMARK:

Ulandshjælp fra Folk til Folk - Humana People to  
People  
Ndr. Strandvej 119A, 3150 Hellebæk Denmark  
Tel: +45 23 65 67 30  
E-mail: info@uff.dk  
Website: www.uff.dk

### FINLAND:

U-landshjälpen från Folk till Folk i Finland r.f.,  
UFF Finland,  
Järvihaantie 12, 01800 Klaukkala.  
Tel: 35 89 276 47 60, fax: 35 89 276 476 10.  
E-mail: info@uff.fi, www.uff.fi

### FRANCE:

Humana People to People France,  
23, Rue Royale. 69001 Lyon  
E-mail: info@humana-france.org

## GERMANY:

HUMANA People to People Deutschland e.V.  
Waldhausstraße. 7  
51069 Köln  
Tel. +49-221-5000456  
E-mail: info@humanapeopletopeople.de, www.humanapeopletopeople.de

## ITALY:

Humana People to People Italia ONLUS,  
Via Bergamo 9B  
20010 Pregnana Milanese, (MI).  
Tel: +39 2 935 440 00, fax: +39 2 935 429 77  
E-mail: info@humanaitalia.org, www.humanaitalia.org

## LITHUANIA:

Humana People to People Baltic,  
Kibirkštis str. 6, LT-02242 Vilnius.  
Tel: +370 5 264 10 58, fax: 5 240 49 94  
E-mail: info@humana.lt, www.humana.lt

## NORWAY:

U-landshjelp fra Folk til Folk, Norge  
Lindebergvegen 3c, 2016 FROGNER  
Tel: +47 63 92 89 80  
E-mail: post@uffnorge.org,  
www.uffnorge.org

## POLAND:

Humana Poland Sp. z o.o.  
ul. Chłodna 51 (XVI piętro)  
00-867 Warszawa  
Tel: +48224282345 +48604799413  
E-mail: doradca@humanapoland.pl,  
www.humana.pl

## PORTUGAL:

Associação Humana de Portugal  
Urbanização do Passil. Rua B, n.º 104,  
Armazém A 2890-171 Alcochete, Portugal  
Tel: +351 212 801 587 Fax: +351 212 801 586  
Mobile: +351 932 052 92  
E-mail: info@humana-portugal.org,  
www.humana-portugal.org

## ROMANIA:

Humana People To People Romania SRL  
Str. Zizinului NR. 8, BL.39, SC. 1, AP. 5, Jud.  
Brasov,  
Romania

## SLOVAKIA:

HUMANA People to People Slovakia s.r.o.  
Sučianska cesta 31, 036 08 Martin, Slovakia  
Tel: +421 901 703 725  
E-mail: admn.humana.sk@gmail.com,  
www.humana-slovakia.org

## SLOVENIA:

Humana d.o.o.  
Cesta 24. junija 23, 1231 Ljubljana-Črnuče  
Tel: +386 (0)1 511 68 39  
E-mail: info@humana.si,  
www.humana.si

## SPAIN:

Fundación Pueblo para Pueblo,  
Polígono Industrial l'Ametlla Park, c/Aiguafreda12,  
08480 l'Ametlla del Vallès, Barcelona.  
Tel: +34 93 840 21 82, fax: +34 93 840 28 19  
E-mail: info@humana-spain.org,  
www.humana-spain.org

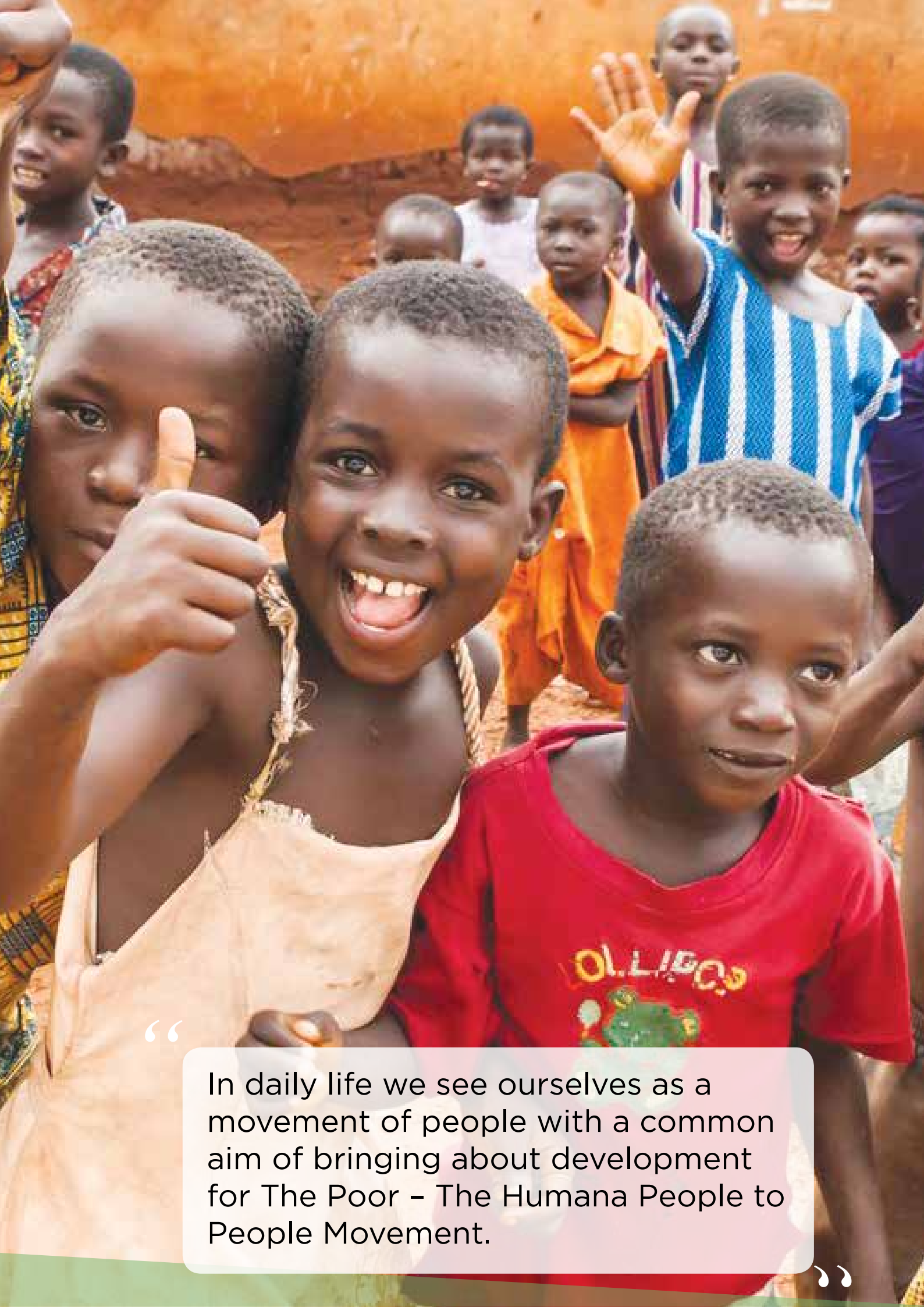
## SWEDEN:

Miljö- & Biståndsföreningen HUMANA Sverige  
Sjövägen 2, 746 30 Bålsta.  
Tel: +46 (0)171 463810  
Fax: +46 (0)171 463813  
E-mail: humana@humanasverige.se,  
www.humanasverige.org

## UNITED KINGDOM:

Planet Aid UK Ltd, 33 Maylan Road,  
Earlstrees Industrial Estate, Corby,  
Northants. NN17 4DR.  
Tel: +44 1536 400 721, Fax +44 1536204487  
E-mail: bsoe@planetaid-uk.org,  
www.planetaid-uk.org



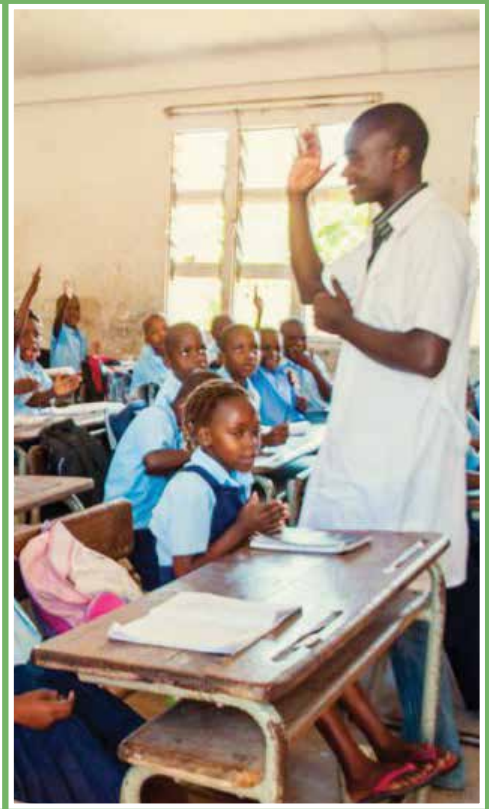


“

In daily life we see ourselves as a movement of people with a common aim of bringing about development for The Poor – The Humana People to People Movement.

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# Humana People to People

The Federation for Associations connected to the International Humana People to People Movement

